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Hence,

$$\begin{aligned}\mathrm{Tr}_B \{[H_I(t), \rho_I(0)]\} &= \mathrm{Tr}_B \{[H_I(t), \rho_S(0) \rho_B(0)]\} \\ &= \rho_S(0) \mathrm{Tr}_B \{[H_I(t), \rho_B(0)]\} \\ &\quad + \mathrm{Tr}_B \{[H_I(t), \rho_S(0)] \rho_B(0)\}.\end{aligned}$$

Because of the our choice of $\rho_B(0)$ given above and because $H_I(t)$ is linear in the boson operators, it follows that

$$\mathrm{Tr}_B \{[H_I(t), \rho_B(0)]\} = 0.$$

Notice that, since

$$\rho_B(0) = \sum_i p_i |E_i\rangle \langle E_i|,$$

it follows, for instance, that

$$\begin{aligned}\mathrm{Tr}_B \{H_I(t) \rho_B(0)\} &= \mathrm{Tr}_B \left\{ H_I(t) \sum_i p_i |E_i\rangle \langle E_i| \right\} \\ &= \sum_i p_i \mathrm{Tr}_B \{H_I(t) |E_i\rangle \langle E_i|\} \\ &= \sum_i p_i \sum_k \langle E_k | \{H_I(t) |E_i\rangle \langle E_i|\} |E_k\rangle \\ &= \sum_i p_i \sum_k \langle E_k | \{H_I(t) |E_i\rangle \} \delta_{ik} \\ &= \sum_i p_i \langle E_i | H_I(t) |E_i\rangle \\ &= 0,\end{aligned}$$

for we are assuming that $H_I(t)$ is linear in the creation and annihilation operators. Now we also have, for our previous interaction Hamiltonian example,

$$\begin{aligned}[H_I(t), \rho_S(0)] &= \left[\hbar\sigma_z(t) \sum_s [g_s b_s \exp(-i\omega_s t) + g_s^* b_s^\dagger \exp(i\omega_s t)], \rho_S(0) \right] \\ &= [\hbar\sigma_z(t), \rho_S(0)] \sum_s [g_s b_s \exp(-i\omega_s t) + g_s^* b_s^\dagger \exp(i\omega_s t)]\end{aligned}$$

and, again, because this commutator is linear in the creation and annihilation operators, we obtain

$$\mathrm{Tr}_B \{[H_I(t), \rho_S(0)] \rho_B(0)\} = 0.$$

Thus, the reduced density operator of the qubit evolves according to

$$\frac{d}{dt} \rho_{IS}(t) = -\frac{1}{\hbar^2} \mathrm{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_I(t')]] \right\}. \quad (1)$$

If we look at the integrand in Eq. (2),

$$\frac{d}{dt}\rho_{IS}(t) = -\frac{1}{\hbar^2}\int_0^t dt' \text{Tr}_B \{[H_I(t), [H_I(t'), \rho_B(0)\rho_{IS}(t)]]\}, \quad (2)$$

we see that $\rho_B(0)$ is what appears in the Born approximation and not $\rho_B(t)$. Why? To answer this question, we are going to use the projection formalism that I explain below very briefly. Let us define a super operator, \mathcal{P} , defined by

$$\mathcal{P}A \equiv \rho_B(0)\text{Tr}_B(A)$$

for any operator A . Let us also define the identity super operator, \mathcal{I} , as such that, for all operators A , gives:

$$\mathcal{I}A \equiv A.$$

Now we define the super operator \mathcal{Q} thus:

$$\mathcal{Q} \equiv \mathcal{I} - \mathcal{P}.$$

We clearly see that, when acting on any operators, A , we have:

$$\begin{aligned} \mathcal{P}^2 A &= \mathcal{P}[\rho_B(0)\text{Tr}_B(A)] \\ &= \rho_B(0)\text{Tr}_B[\rho_B(0)\text{Tr}_B(A)] \\ &= \rho_B(0)\text{Tr}_B(A)\text{Tr}_B[\rho_B(0)] \\ &= \rho_B(0)\text{Tr}_B(A) \\ &= \mathcal{P}A, \end{aligned}$$

since

$$\text{Tr}_B[\rho_B(0)] = 1.$$

Hence, the super operator \mathcal{P} is a projection, since $\mathcal{P}^2 = \mathcal{P}$. The same property is true for \mathcal{Q} , namely,

$$\begin{aligned} \mathcal{Q}^2 A &= \mathcal{Q}(\mathcal{I} - \mathcal{P})A \\ &= \mathcal{Q}(\mathcal{I}A - \mathcal{P}A) \\ &= \mathcal{Q}(A - \mathcal{P}A) \\ &= \mathcal{Q}A - \mathcal{Q}\mathcal{P}A \\ &= \mathcal{Q}A - (\mathcal{I} - \mathcal{P})\mathcal{P}A \\ &= \mathcal{Q}A - (\mathcal{I}\mathcal{P}A - \mathcal{P}^2 A) \\ &= \mathcal{Q}A - (\mathcal{P}A - \mathcal{P}A) \\ &= \mathcal{Q}A. \end{aligned}$$

Therefore, we now can write our density matrix operator as

$$\begin{aligned} \rho_I(t) &= (\mathcal{P} + \mathcal{Q})\rho_I(t) \\ &= \mathcal{P}\rho_I(t) + \mathcal{Q}\rho_I(t) \\ &= \rho_B(0)\rho_{IS}(t) + \mathcal{Q}\rho_I(t). \end{aligned}$$

Thus,

$$\frac{d}{dt}\rho_I(t) = \rho_B(0) \frac{d}{dt}\rho_{IS}(t) + \frac{d}{dt}\mathcal{Q}\rho_I(t),$$

that is,

$$\frac{1}{i\hbar}[H_I(t), \rho_I(t)] = -\frac{1}{\hbar^2}\rho_B(0) \text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_I(t')]] \right\} + \frac{d}{dt}\mathcal{Q}\rho_I(t),$$

where here we recall Eq. (3),

$$\frac{d}{dt}\rho_{IS}(t) = -\frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_I(t')]] \right\}, \quad (3)$$

which we have just used above, or yet,

$$\begin{aligned} \frac{d}{dt}\mathcal{Q}\rho_I(t) &= \frac{1}{i\hbar}[H_I(t), \rho_I(t)] \\ &+ \frac{1}{\hbar^2}\rho_B(0) \text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_I(t')]] \right\}. \end{aligned} \quad (4)$$

Using

$$\rho_I(t') = \rho_B(0)\rho_{IS}(t') + \mathcal{Q}\rho_I(t')$$

in the integrand of Eq. (3), we obtain

$$\begin{aligned} \frac{d}{dt}\rho_{IS}(t) &= -\frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_B(0)\rho_{IS}(t')]] \right\} \\ &- \frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \mathcal{Q}\rho_I(t')]] \right\}. \end{aligned} \quad (5)$$

We can formally find the solution of Eq. (4) in the form:

$$\begin{aligned} \mathcal{Q}\rho_I(t') &= \mathcal{Q}\rho_I(0) + \frac{1}{i\hbar} \int_0^{t'} dt'' [H_I(t''), \rho_I(t'')] \\ &+ \frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^{t'} dt'' \int_0^{t''} dt''' [H_I(t''), [H_I(t'''), \rho_I(t''')]] \right\}. \end{aligned}$$

But then it becomes apparent that

$$\mathcal{Q}\rho_I(t') = \mathcal{Q}\rho_I(0) + \mathcal{O}(\lambda),$$

where λ is the strength magnitude of the coupling constants between the qubit and the bath. However,

$$\begin{aligned} \mathcal{Q}\rho_I(0) &= \mathcal{Q}[\rho_S(0)\rho_B(0)] \\ &= \rho_S(0)\rho_B(0) - \rho_B(0)\text{Tr}_B[\rho_S(0)\rho_B(0)] \\ &= \rho_S(0)\rho_B(0) - \rho_B(0)\rho_S(0)\text{Tr}_B[\rho_B(0)] \\ &= \rho_S(0)\rho_B(0) - \rho_S(0)\rho_B(0) \\ &= 0. \end{aligned}$$

Hence, updating our previous conclusion, we obtain

$$\mathcal{Q}\rho_I(t') = \mathcal{O}(\lambda).$$

Using this result into Eq. (5), we see that

$$\begin{aligned} \frac{d}{dt}\rho_{IS}(t) &= -\frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_B(0)\rho_{IS}(t')]] \right\} \\ &\quad -\frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \mathcal{O}(\lambda)]] \right\} \\ &= -\frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_B(0)\rho_{IS}(t')]] \right\} \\ &\quad +\mathcal{O}(\lambda^3). \end{aligned}$$

Because we are not considering higher than the second order of λ in the master equation for the reduced density operator describing the qubit, we take this as our master equation:

$$\frac{d}{dt}\rho_{IS}(t) = -\frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_B(0)\rho_{IS}(t')]] \right\}.$$

From Eq. (6),

$$\rho_I(t_2) = \rho_I(t_1) + \frac{1}{i\hbar} \int_{t_1}^{t_2} dt' [H_I(t'), \rho_I(t')], \quad (6)$$

we derive that

$$\rho_I(t') = \rho_I(t) + \frac{1}{i\hbar} \int_t^{t'} dt'' [H_I(t''), \rho_I(t'')],$$

namely,

$$\rho_I(t') = \rho_I(t) + \mathcal{O}(\lambda).$$

Thus,

$$\mathcal{P}\rho_I(t') = \mathcal{P}\rho_I(t) + \mathcal{O}(\lambda),$$

or yet,

$$\rho_B(0)\rho_{IS}(t') = \rho_B(0)\rho_{IS}(t) + \mathcal{O}(\lambda).$$

In the second-order Born approximation, therefore, we take our master equation to be time local:

$$\frac{d}{dt}\rho_{IS}(t) = -\frac{1}{\hbar^2}\text{Tr}_B \left\{ \int_0^t dt' [H_I(t), [H_I(t'), \rho_B(0)\rho_{IS}(t)]] \right\}. \quad (7)$$

It might look like we are cheating somehow. However, had we not multiplied by $\rho_B(0)$ the Tr_B appearing in the definition of \mathcal{P} , we would not have a projection for all operators A . Remember this

$$\begin{aligned}
 \mathcal{P}^2 A &= \mathcal{P} [\rho_B(0) \text{Tr}_B(A)] \\
 &= \rho_B(0) \text{Tr}_B [\rho_B(0) \text{Tr}_B(A)] \\
 &= \rho_B(0) \text{Tr}_B(A) \text{Tr}_B [\rho_B(0)] \\
 &= \rho_B(0) \text{Tr}_B(A) \\
 &= \mathcal{P} A?
 \end{aligned}$$

Hence, if we had used \mathbb{I}_B instead of $\rho_B(0)$, we would have obtained $\mathcal{P}^2 A = \text{Tr}_B(A)$ and, unless A happened to be a particular one, with $\text{Tr}_B(A) = 1$, we would have ended up without a projection super operator \mathcal{P} . You could also argue that we could have used $\rho_B(\tau)$ for some instant of time τ and, true, we could. But then, by an argument analogous to what we have given above, we could show that

$$\rho_B(\tau) = \rho_B(0) + \mathcal{O}(\lambda)$$

and, again, we keep $\rho_B(0)$ and neglect the corrections of order λ , thus taking into account only terms of up to second order of λ in the master equation. Therefore, Eq. (7) is valid up to the second Born approximation.